



**MAY  
2012**

**INDEPENDENCE TOWNSHIP SENIOR ADULT ACTIVITY CENTER**

**6000 Clarkston Road, Clarkston, MI 48348 Phone 248-625-8231**

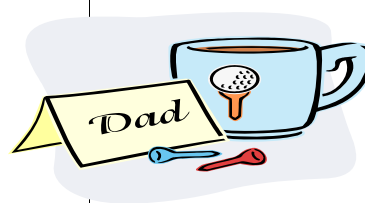
Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
		<b>1.</b> 11-12 Body Dynamics-CH 1:00 Double Deck Pinochle 1:00 Melody Band-CH	<b>2.</b> <b>9-11:15 Podiatrist</b> 10:00 Knitting Group 11-12 Intro Tai Chi-CH 5:30-6:30 De-Stress Yoga-CH	<b>3.</b> 11:00 Trivia 11-12 Body Dynamics-CH 12:00 Lunch– Pineapple Chicken salad on Croissant 1.00 Bingo-CH 2-4 Learn Facebook Class-#1	<b>4.</b> 9:00 Greeting Cards 9:00 Quilting Club-CH 9-12 Woodcarving-#1 10:00 Knitting Group <b>11:00 Recipe Roundup</b> 1:00 Double Deck Pinochle	<b>5.</b> <b>9-10 Beginners Spanish Class-#1</b>
<b>6.</b>	<b>7.</b> 10:00-12:00 Manicures 10:30 Soothing Yoga-CH 12 Drop In & Duplicate Bridge-CH 1:00 Euchre 1:00 Garden Meeting-#1	<b>8.</b> 10-12 Chair Massage 11-12 Body Dynamics-CH 1:00 Double Deck Pinochle 1:00 Melody Band CH <b>7:00 Bereavement Group- Wint's-CH</b>	<b>9. 9:00 Senior Advisory</b> 10:00 Knitting Group 11-12 Intro Tai Chi-CH 11:30 Meadowbrook Trip <b>1:00-4:00 Bunco</b> <b>2:00 Games with Grandparents at Andersonville Elementary</b> <b>2:00 Mothers Day Tea-CH</b> 5:30-6:30 De-Stress Yoga-CH	<b>10.</b> 11:00 Trivia 11-12 Body Dynamics-CH 12:00– Lunch-Pot Luck 1:00 Bingo-CH 2-4 Learn Facebook Class-#1	<b>11.</b> 9:00 Greeting Cards 9:00 Quilting Club-CH 10:00 Knitting Group 12:30 Marathon Bridge-CH 1:00 Double Deck Pinochle	<b>12.</b> <b>9-10 Beginners Spanish Class-#1</b>
<b>13. Mothers Day</b> 	<b>14.</b> 10:30 Soothing Yoga- CH 12 Drop In & Duplicate Bridge-CH 1:00 Euchre <b>1:30-3:30 Artist Apprentice -Watercolor Painting-#1</b>	<b>15.</b> 8:15-9:15 Adaptive Yoga-CH 10-12:30 Lunch & Learn-#1 11-12 Body Dynamics 1:00 Double Deck Pinochle 1:00 Melody Band-CH	<b>16.</b> 10:00 Knitting Group 10-Shopping Trip-Flint 11-12 Intro Tai Chi-CH 5:30-6:30 De-Stress Yoga-CH <b>6:00 Dinner &amp; Euchre</b>	<b>17.</b> 11-12 Body Dynamics-CH 11:00 Trivia 12:00 Lunch –Taco Bar 1:00 Bingo-CH <b>1:00 Blood Pressure Screening</b> <b>1:30 Movie at the American House "Artist"</b>	<b>18.</b> 9:00 Greeting Cards 9:00 Quilting Club-CH 10:00 Knitting Group 1:00 Double Deck Pinochle	<b>19.</b> <b>9-10 Beginners Spanish Class-#1</b>
<b>20.</b>	<b>21. 9-10 Anyone/Paint-#1</b> 10:00-12:00 Manicures-#2 10:30-11:30 Soothing Yoga-CH 12:00 Drop In & Dupli- cate Bridge-CH 1:00 Euchre <b>1:00 Ask the Attorney</b>	<b>22.</b> 8:15-9:15 Adaptive Yoga-CH 1:00 Double Deck Pinochle 1:00 Melody Band-CH	<b>23.</b> 10:00 Knitting Group 10:00-1:00 Planting Party & Ice Cream Social /Andersonville Elem. 11-12 Intro Tai Chi-CH 3-4 Genealogical Consult.-#1 5:30-6:30 De-Stress Yoga-CH	<b>24.</b> 11:00 Trivia 12:00 Lunch-Pork Tenderloin & Baked Potato 1:00 Bingo-CH <b>1:15 Movie-"Iron Lady"-#1</b>	<b>25.</b> 9:00 Greeting Cards 9:00 Quilting Club-CH 10:00 Knitting Group 12:30 Marathon Bridge-CH 1:00 Double Deck Pinochle	<b>26.</b>
<b>27.</b>	<b>28. Memorial Day Center Closed</b>	<b>29.</b> 8:15-9:15 Adaptive Yoga-CH 1:00 Double Deck Pinochle 1:00 Melody Band-CH	<b>30. 9-11:15 Podiatrist-#1</b> 10:00 Knitting Group 11-12 Intro Tai Chi-CH 5:30-6:30 De-Stress Yoga-CH	<b>31. 10:00 Club Bookworm-#1</b> 12:00 Lunch-Pot Luck-Bring a dish or pay \$5.00 1:00 Bingo-CH	<b>CODE</b> AC-ACTIVITY CENTER CH-CARRIAGE HOUSE CW-CLINTON-WOOD PARK ROOM #1-CLOSE TO DECK ROOM #2-FRONT OF BULIDING	<b>Updated 4/2/12</b>

# JUNE 2012

## INDEPENDENCE TOWNSHIP SENIOR ADULT ACTIVITY CENTER

6000 Clarkston Road, Clarkston, MI 48348 Phone 248-625-8231

Sun      Monday      Tuesday      Wednesday      Thursday      Friday      Sat



**CODE**  
AC-ACTIVITY CENTER  
CH-CARRIAGE HOUSE  
CW-CLINTON-WOOD PARK  
ROOM #1-CLOSE TO DECK  
ROOM #2-FRONT OF BULIDING

**1.** 9:00 Greeting Cards  
9:00 Quilting Club-CH  
9-12 Woodcarving-#1  
10:00 Knitting Group  
11:00 Drag Queen Bingo Trip  
1:00 Double Deck Pinochle

**2.** 9-12 Interfaith  
**Volunteer Care-  
givers Training  
(Volunteers  
Needed)**

**3.**  
**4.** 9-10 Body Dynamics  
10:30 Soothing Yoga-CH  
12 Drop In & Duplicate  
Bridge-CH  
1:00 Euchre  
**1:30-3:30 Artist Ap-  
prentice-Watercolor**

**5.**  
8:15-9:15 Adaptive  
**12-9 Blood Drive-CH**  
1:00 Double Deck  
Pinochle

**6.** **8-1 TEFAP Pick up-#1**  
9-10 Body Dynamics  
10:00 Knitting Group  
**1:00 Speaker-Wint's-CH**  
**4-7 Individual Genealogical  
Consulting-#1**  
5:30-6:30 De-Stress Yoga-CH

**7.** 11:00 Trivia  
12:00- Lunch-Turkey Sub  
Sandwiches  
1:00 Bingo-CH  
**1:15 Movie-"War Horse"-#1**

**8.** 9:00 Greeting Cards  
9:00 Quilting Club-CH  
9-12 Woodcarving-#1  
10:00 Knitting Group  
**11:00 Recipe Roundup-#2**  
12:30 Marathon Bridge-CH  
1:00 Double Deck Pinochle

**9.**

**10.**  
**11.** 9-10 Body Dynamics  
10:00-12:00 Manicures  
10:30 Soothing Yoga-CH  
12 Drop In & Duplicate  
Bridge-CH  
1:00 Euchre

**12.** 8:15-9:15 Adaptive Yoga-CH  
10-12 Chair Massage  
10-12:30 Lunch & Learn-#1  
1:00 Double Deck Pinochle  
1:00 Melody Band-CH  
**7:00 Bereavement Group-  
Wint's-CH**

**13.** **9:00 Senior Advisory**  
9-10 Body Dynamics  
10:00 Knitting Group  
11-Xanadu-Meadowbrook  
11-12 Intro Tai Chi-CH  
5:30-6:30 De-Stress Yoga-CH

**14. Flag Day**  
**12:00 Fathers/Flag Day Cele-  
bration-Pulled Pork on a Bun**  
1:00 Bingo-CH  
**1:30-3:30 Honor Flight MI-Library**  
2-3:30 Word Computer Class-#1  
6:45-7:45 Beginners Spanish-#1

**15.**  
9:00 Greeting Cards  
9:00 Quilting Club-CH  
9-12 Woodcarving-#1  
10:00 Knitting Group  
1:00 Double Deck Pinochle

**16.**  
**9-10 Intermediate/  
Beginners Plus  
Spanish Class-#1**

**17. Fathers  
Day**  


**18.**  
9-10 Body Dynamics  
12:00 Drop In & Dupli-  
cate Bridge-CH  
1:00 Euchre

**19.**  
8:15-9:15 Adaptive Yoga-CH  
1:00 Double Deck Pinochle  
1:00 Melody Band-CH

**20.** 9-10 Body Dynamics  
10:00 Knitting Group  
11:00-12:00 Intro Tai Chi-CH  
3:00-4:30 Genealogical Consult.-#1  
5:30-6:30 De-Stress Yoga-CH  
**6:00 Dinner & Euchre**

**21.** 11:00 Trivia  
12:00 Lunch-Mostaccioli & Meatballs  
1:00 Bingo-CH  
**1:30 Movie-American House-  
"We Bought a Zoo"**  
2-3:30 E-Mail Computer Class  
6:45-7:45 Beginners Spanish-#1

**22.**9:00 Greeting Cards  
9:00 Quilting Club-CH  
9-12 Woodcarving-#1  
10:00 Knitting Group  
12:30 Marathon Bridge-CH  
1:00 Double Deck Pinochle

**23.**  
**9-10 Intermedi-  
ate/Beginners  
Plus Spanish  
Class-#1**

**24.**  
**25.** 9-10 Body Dynamics  
10-12 Manicures-#2  
12:00 Drop In & Dupli-  
cate Bridge-CH  
1:00 Euchre  
**1:00 Ask the Attorney**

**26.** 8:15-9:15 Adaptive Yoga-CH  
10-12 Chair Massage  
1:00 Double Deck Pinochle  
1:00 Melody Band-CH

**27.** 9-10 Body Dynamics  
10:00 Knitting Group  
11:00 Fly Me To The Moon-CH  
11-12 Intro Tai Chi-CH  
5:30-6:30 De-Stress Yoga-CH

**28.** **10:00 St. Sabbas Trip-#2**  
**10:00 Club Bookworm-#1**  
12:00 Lunch-Salad & Roll  
1:00 Bingo-CH  
2-3:30 Skype Computer Class  
6:45-7:45 Beginners Spanish-#1

**29.** 9:00 Greeting Cards  
9:00 Quilting Club-CH  
10:00 Knitting Group  
1:00 Double Deck Pinochle

**30.**  
**9-10 Intermedi-  
ate/Beginners  
Plus Spanish  
Class-#1**